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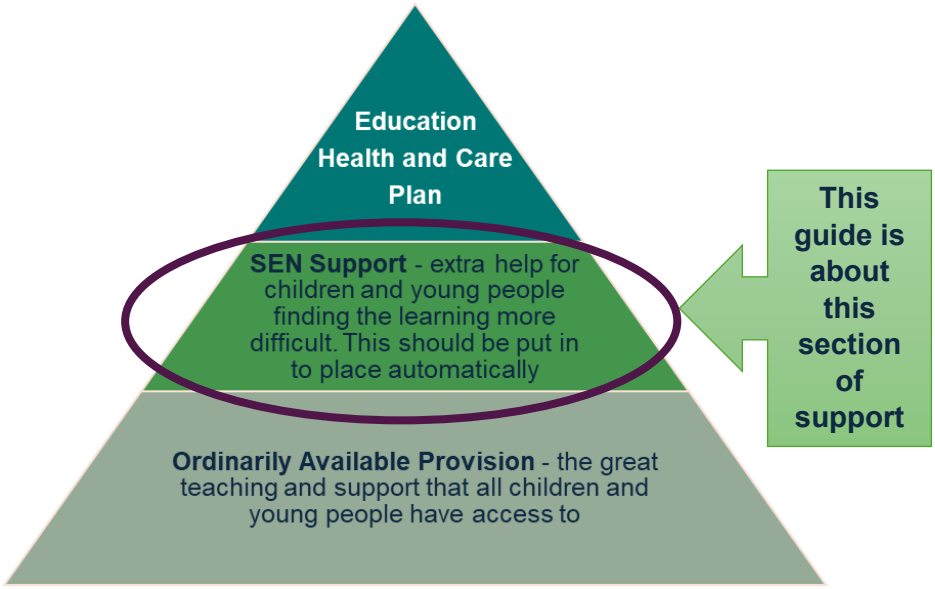
Parents' guide to help for all in education settings

Special Educational Needs (SEN) support

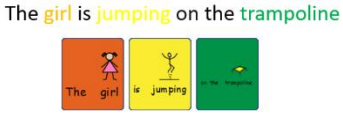


Some children and young people need more help than others. This is why SEN support is available. It is extra help for anyone finding the learning harder to make sure they can still achieve success. This does not need extra funding and is put in place to make sure that everybody can progress. It is regularly reviewed. You can watch a video about it on this link: [Family Information and Services Hub | Ordinarily Available Provision and SEND Support]

Types of SEN support

Help with learning:

- Extra time to learn and prepare
- Using computers or voice recorders
- Link the learning to interest areas
- Having word lists or reminder bookmarks
- Getting extra help with reading, writing and maths



Help with talking and understanding:

- Using someone's name and standing close when talking
- Using pictures and signs to help understanding
- Keeping instructions short
- Using songs and rhymes to teach new words
- Giving choices
- Using timers
- Using simple language which is clear
- Having a special work space
- Teaching how to use sounds and words to work out meaning
- Using stories to help get ready for something

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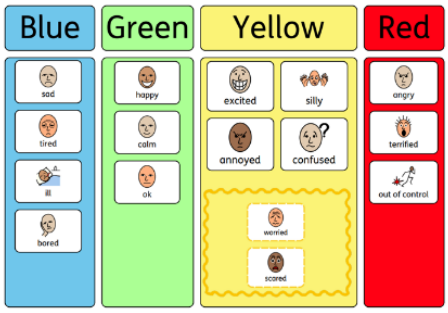
Help with feelings and behaviour:



- Avoiding making people feel bad
- Giving jobs to do and breaks
- Using a calm voice and positive body language
- Helping the understanding of feelings
- Having a safe space and trusted adults
- Explaining instructions and information
- Working on areas of interest
- Limiting distractions
- Teaching different ways to stay calm
- Preparing everyone for changes
- Using the same language when dealing with something
- Providing time to talk
- Having plans if things go wrong
- Having support during times when there are less routines

Help with physical or sensory needs:

- Using different senses to help learning
- Changing routines or uniforms if needed
- Giving rest breaks
- Helping with personal care
- Using special tools or plans for needs
- Being flexible with resources

What works best when supporting learning?

The best sort of help:

- Is planned carefully,
- Helps build independence,
- Does not rely too much on an adult,
- Is not available all the time,
- Helps learners make friends and feel confident in what they are doing.

What if this is not happening?

If you are worried about progress, talk to the special educational needs coordinator (SENCo). They may need to try some different levels of support. This is something that every education setting can do without any extra support.

If you do not feel that the help is there:

1. Talk to the SENCo or leader in the school.
2. If that doesn't help you can contact groups like Hampshire Parent Carer Network Hampshire Parent and Carer Network or SENDIASS Hampshire SENDIASS - Special Educational Needs Support.
3. You could use the setting's complaint process.

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